

## Frank Dwyer – Mountain Hiking and Western Cape Tourist Guide



Frank Dwyer is a dedicated mountain hiking guide and Western Cape tourist expert with a deep-rooted passion for showcasing the natural beauty and rich heritage of South Africa. Born and raised in Somerset West, where his father farmed in the 1960s and 70s, Frank developed an early appreciation for the region's landscapes, history, and culture.

With a lifelong career in hospitality and tourism, Frank thrives on creating unforgettable experiences for his guests. Whether leading customized tours, safaris, or specialized hikes, he enjoys sharing his expert knowledge of the Cape's human, historical, and natural elements while engaging with visitors from around the world.

Since earning his Nature Guide qualification in 2008 and Adventure Guide qualification in 2012, Frank has specialized in hiking excursions that explore the breathtaking trails surrounding the Cape. His deep understanding of the terrain, flora, and fauna ensures an enriching and safe adventure for his guests.

Growing up on a wine farm instilled in Frank an appreciation for the Cape Winelands, making him equally skilled in guiding visitors through the region's historic estates and vineyards. Whether exploring the mountains or indulging in the area's renowned wines, he takes immense pride in ensuring that every guest leaves with cherished memories, newfound knowledge, and a longing to return to Cape Town's captivating landscapes.

Frank has been leading the Vergelegen Trail since its inception.

